



TALLAHASSEE EAR, NOSE & THROAT - HEAD & NECK SURGERY, P.A.

AUDIOLOGY ASSOCIATES OF NORTH FLORIDA

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CHLORAL HYDRATE FACT SHEET

- 1) Chloral Hydrate is a sedative-hypnotic drug used to help children sleep during procedures or tests. Chloral Hydrate is the most frequently prescribed medication to induce sleepiness because it has been found to be very safe over the many years it has been in use.
- 2) While Chloral Hydrate is very safe, children respond differently to sedatives. To optimize safety your child will be monitored while under sedation.
- 3) Fill the prescription but **DO NOT GIVE THE MEDICATION**. Bring the medication with you to the appointment and it will be administered prior to the test.
- 4) Avoid giving your child any medication that could make him/her sleepy such as cold or allergy medicines, sleeping pills, other sedatives, muscle relaxants, tranquilizers, or narcotic pain relievers 24 hours prior to the test.
- 5) Be sure your child's doctor is aware if your child is:
 - (1) On Coumadin, or
 - (2) Has severe heart disease
- 6) Your child should not take Chloral Hydrate if:
 - (1) He/she has ever had an allergic reaction to chloral hydrate, or
 - (2) He/she has liver or kidney disease, severe heart disease, gastritis, stomach ulcers, or significant lung disease such as asthma
- 7) Side Effects:
Call your doctor or nurse immediately if your child has any of the following side effects:
 - Hallucinations or confusion
 - Severe rash or hives
 - Trouble breathing
 If your child has problems with these less serious side effects, call your doctor/nurse:
 - Nausea, vomiting, stomach pain
 - Diarrhea
 - Dizziness or lightheadedness
 - Headache
 If your child has other side effects that you think are caused by this medicine, call your doctor or 911.
- 8) Your child should not have anything by mouth (NPO) for 2-6 hours prior to administration of Chloral Hydrate.

NPO GUIDELINES:

AGE	SOLIDS/NON-CLEAR LIQUIDS *	CLEAR LIQUIDS **
12-36 months	8 hours	4 hours
6-12 months	4 hours	2 hours
<6 months	4 hours	2 hours

* Solids/non-clear liquids include milk and formula.

** Breast milk is considered a clear liquid.

I have received and understand the Chloral Hydrate Fact Sheet. I understand the risks and side effects of the medication used for this test. I will contact the office if I have any concerns or questions before or after my child has been sedated (850 / 877-0101).

Signature: _____

Date: _____